

Zone 1S Champs Invitational

Pacific Swimming Short Course Meet

January 19-20, 2013

Enter Online: <http://ome.swimconnection.com/pc/qss20130119>

“Zone 1 South B+ Winter Championship Swim Meet, swimmers must have a minimum of a Pacific Swimming B time for each event they wish to swim. Swimmers may swim on relays without having the qualifying B Time.”

INVITED TEAMS: Cabrillo Threshers, Courtside Swim Club, Lynbrook Aquatics, Monterey County Aquatics Team, Milpitas Tidal Waves, Osprey Aquatics, Peak Swimming, QuickSilver Swimming, Santa Clara Swim Club, Seaside Aquatics Club, Saint Lawrence Swim Team, Tempo, Team WAVE USA, West Coast Aquatics.

SANCTION: Held under USA Pacific Swimming Sanction No. **13-007**

In granting this sanction it is understood and agreed that USA SWIMMING shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

NOTICE: By entering this meet, the athlete or his/her guardian consents to the publication, via electronic, print or other media, information and/or imagery related to their participation at this meet. Such information and imagery may include, but is not limited to, photographs, video, web casting, television, psych sheets and live meet results. By entering the meet, the athlete or his/her guardian consents to this publication.

Use of Audio and Video: Use of audio or visual recording devices, including a cell phone camera, is not permitted in changing areas, restrooms or locker rooms.

OFFICIALS:

Meet Referee: Jim Nachtigal

Head Starter: Mike Piccardo

Meet Marshal: Mike McCombs

Meet Director: Janet Gutierrez (408-206-0504/Stevejan5@sbcglobal.net)

LOCATION: Gunderson High School, Chynoweth Avenue at 622 Gaundabert Lane, San Jose, CA. From Highway 85 exit Santa Teresa, turn right onto Thornwood, turn right onto Winfield, and turn right onto Chynoweth. Gunderson High School is on the right; pool is located at the back of the school.

COURSE: 25 yard x 50-meter outdoor, heated pool. Up to 16 competition lanes are available. A separate warm up/down pool is available. The minimum water depth, measured in accordance with Article 103.2.3, is 4' or more throughout the racing course. The competition course has been certified in accordance with Article 104.2.2C (4). A copy of the certification is on file with USA Swimming.

TIME: Meet begins at 9:00 a.m. each day, warm-ups from 7:30 to 8:45 a.m. each day.

RULES: Current USA and Pacific Swimming rules and warm-up procedures will govern the meet. A copy of these procedures will be posted at the Clerk-of-Course. All events are timed finals. **Swimmers may compete in 3 events per day. The meet will cap at 1200.** If local conditions warrant it the Meet Referee, with the concurrence of the Meet Director, may require a mandatory scratch down. Immediate cash refunds will be made for any mandatory scratches.

All teams participating will be assigned meet jobs by the meet director as this is a Zone 1 South hosted meet. Teams will be notified as soon as possible as to their responsibilities.

All coaches and deck officials must wear their USA Swimming Membership Cards in a visible manner.

DECK CHANGING: Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is strongly discouraged.

UNACCOMPANIED SWIMMERS: Any USA-S athlete-member competing at the meet must be accompanied by a USA Swimming member-coach for the purposes of athlete supervision during warm-up, competition and warm-down. If a coach-member of the athlete's USA-S Club does not attend the meet to serve in said supervisory capacity, it is the responsibility of the swimmer or the swimmer's legal guardian to arrange for supervision by a USA Swimming member-coach. The Meet Director or Meet Referee may assist the swimmer in making arrangements for such supervision; however, it is recommended that such arrangements be made in

advance of the meet by the athlete's USA-S Club Member-Coach. The swimmer must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start the race in the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

RESTRICTIONS: Smoking and the use of other tobacco products is prohibited on the pool deck, in the locker rooms, in spectator seating, on standing areas and in all areas used by swimmers, during the meet and during warm-up periods. Sale and use of alcoholic beverages is prohibited in all areas of the meet venue. All shelters must be properly secured. No glass containers are allowed in the meet venue. No propane heater is permitted except for snack bar/meet operations. Only coaches' EZ Ups and chairs around the pool, no team or family set up on the deck.

ELIGIBILITY: Swimmers must be current members of USA-S and enter their name and registration number on the meet entry card as they are shown on their Registration Card. If this is not done, it may be difficult to match the swimmer with the registration and times database. The meet host must check all swimmer registrations against the SWIMS database and if not found to be registered, the Meet Director shall accept the registration at the meet (a \$10 surcharge will be added to the regular registration fee). Duplicate registrations will be refunded by mail. **No Pacific Swimming C Times or NT Entries will be accepted.** Swimmers in the "B" Division must have met at least the listed "PC-B" time standard. All entry times slower than the listed "PC-B" time standard will **NOT be accepted.** Entries with "**NO TIME**" will **NOT be accepted.** Entry times submitted for this meet will be checked against a computer database and may be changed in accordance with Pacific Swimming Entry Time Verification Procedures. Disabled swimmers are welcome to attend this meet and should contact the Meet Director or Meet Referee regarding special accommodations on entry times and seeding per Pacific Swimming policy. Swimmers 19 years of age are not eligible for this meet.

ENTRY FEES: **\$2.75** Per Individual Event for all Divisions (B, A, JO+)
 \$9.00 Per Relay Team entered
 \$8.00 Participation Fee per Swimmer (Relay Only Swimmers Excluded)

Make check payable to: Zone 1 South
Mail with Relay Entries to: Janet Gutierrez
 Swim Meet Entries
 PO Box 36205
 San Jose, CA 95158

MAILED OR HAND DELIVERED ENTRIES: No mailed or hand delivered entries will be accepted with the exception of the relay entries. All relay entries must be submitted on the Relay Entry Form and mailed with payment to Janet Gutierrez at PO Box 36205 San Jose, CA 95158 by Monday, January 7, 2013, or hand delivered with payment to Gunderson High School Swimming Pool Office by Wednesday, January 9, 2013 at 7:00 PM.

ONLINE ENTRIES: You may enter this meet online or by U.S. mail. To enter on-line go to <http://ome.swimconnection.com/pc/QSS20130119> to receive an immediate entry confirmation. This method requires payment by credit card. Swim Connection LLC charges a processing fee for this service, equal to \$1 per swimmer plus 5% of the total Entry Fees. Please note that the processing fee is a separate fee from the Entry Fees. If you do not wish to pay the processing fee, enter the meet using a mail entry. Online entries will be accepted through Wednesday, January 9, 2013.

Relay Entries: Each Zone 1 South team is limited to one relay team in each relay event. **No deck entered relay teams will be allowed. A swimmer who is unattached is ineligible to participate in a relay.** Relays must be entered with the enclosed relay entry form containing the event number and entry time for each relay team entered, written in the appropriate areas. Do not list the swimmer's names on the Relay Entry Form. Swimmers not in the meet, but wishing to participate in relays must be listed on the Relay Only Entry Form; no fee is required for these swimmers. All Relay Entries, Relay Only Form, and payment must be mailed to Janet Gutierrez at PO Box 36205 San Jose, CA 95158 by Monday, January 7, 2013 or hand delivered to Gunderson High School Swimming Pool Office by Wednesday, January 9, 2013 at 7:00 PM.

- Relay entry cards will be generated by the computer operator and distributed to each team on the first day of the meet.
- Relay scratches must be turned into the Clerk of Course by 12:00 p.m. each day.
- Seeded relay cards for the day's relay events will be available at the Clerk of Course at 1:00 p.m. each day.
- NO REFUNDS WILL BE MADE.

CHECK-IN: The meet will be deck seeded. Swimmers must check-in at the Clerk-of-Course. Close of check-in for all events shall be no more than 60 minutes before the estimated time of the start of the first heat of the event. No event shall be closed more than 30 minutes before the scheduled start of the session. Swimmers who do not check-in will not be allowed to compete in the event.

SCRATCHES: Swimmers entered in an individual event that have checked in for that event, must swim in the event unless they notify the clerk of the course before seeding for that event has begun. Failure to swim an event will result in being barred from their next individual event on that day or the next meet day, whichever is first. Exception: No penalty shall apply for failure to withdraw or compete in an individual event if the referee is notified in the event of illness or injury and accepts the proof thereof, or it is determined by the referee that the No-Show is caused by circumstances beyond the control of the swimmer.

AWARDS: The swimmers' awards will be available to a team representative at the end of competition each day. "A" medals will be awarded to swimmers achieving new "A" times. The team awards will be presented following the meet conclusion.

Classification	Awards
JO +	Distinctive pins 1st- 3rd, ribbons 4th- 8th
A	Distinctive pins 1st- 3rd, ribbons 4th- 8th
B	Rosettes 1st- 3rd, ribbons 4th- 8th
Relays	Distinctive pins 1st- 3rd, ribbons 4th- 8th
Team	Plaques 1st-3rd for each division

TEAM SCORING: Teams will be placed in one of three Divisions based on their number of USA-S swimmers registered as of Monday, January 14th, 2013. Teams choosing to compete in a higher division must contact the Head Referee prior to January 14, 2013.

Division	# Of Registered Swimmers
I	More than 140
II	85-140
III	Less than 85

Team points are scored according to the table below.

Divisions	1st	2nd	3rd	4 th	5 th	6 th	7 th	8 th	9 th	10 th	11 th	12 th
JO+	13	11	10	9	8	7	6	5	4	3	2	1
A	11	9	8	7	6	5	4	3	2	1		
B	10	8	7	6	5	4	3	2	1			
Relay	26	22	20	18	16	14	12	10	8	6	4	2

ADMISSION: Free. A program will be available for \$4.00.

REFRESHMENTS: A snack bar will be available. Coaches and working deck officials will be provided lunch.

MISCELLANEOUS: No overnight parking is allowed. Facilities will not be provided after meet hours. Please park only in designated areas. Overflow parking is available at the Chynoweth Light Rail Station. Coaches EZ-Ups and Chairs are the only set up allowed on deck; all others must be in the stands or on the outside of the yellow rails; this is to insure a safe environment for all. The Basketball Courts and Bike Rack are available for team set up.

EVENT SUMMARY

Saturday, January 19, 2013				Sunday, January 20, 2013			
8-Under	9-10	11-12	13-Up	8-Under	9-10	11-12	13-Up
25 Fly	50 Fly	50 Fly	100 Fly	50 Free	100 Free	100 Free	100 Free
25 Breast	50 Breast	50 Breast	100 Breast	100 IM	100 IM	100 IM	200 IM
25 Back	50 Back	50 Back	100 Back	25 Free	50 Free	50 Free	50 Free
100 M.R.	200 M.R.	200 M.R.	200 M.R.	100 F.R.	200 F.R.	200 F.R.	200 F.R.

EVENTS

Saturday, January 19, 2013		
Event #	Event	Event #
1	13-14 100 Fly	2
3	15-16 100 Fly	4
5	17-18 100 Fly	6
7	8-Un 25 Fly	8
9	9-10 50 Fly	10
11	11-12 50 Fly	12
13	13-14 100 Breast	14
15	15-16 100 Breast	16
17	17-18 100 Breast	18
19	8- Un 25 Breast	20
23	11-12 50 Breast	24
25	13-14 100 Back	26
27	15-16 100 Back	28
29	17-18 100 Back	30
31	8-Un 25 Back	32
33	9-10 50 Back	34
35	11-12 50 Back	36
37	13-14 200 M.R.	38
39	15-18 200 MR.	40
41	8-Un 100 M.R.	42
43	9-10 200 M.R.	44
45	11-12 200 M.R.	46

Sunday, January 20, 2013		
Event #	Event	Event #
47	13-14 100 Free	48
49	15-16 100 Free	50
51	17-18 100 Free	52
53	8-Un 50 Free	54
55	9-10 100 Free	56
57	11-12 100 Free	58
59	13-14 200 IM	60
61	15-16 200 IM	62
63	17-18 200 IM	64
65	8-Un 100 IM	66
69	11-12 100 IM	70
71	13-14 50 Free	72
73	15-16 50 Free	74
75	17-18 50 Free	76
77	8-Un 25 Free	78
79	9-10 50 Free	80
81	11-12 50 Free	82
83	13-14 200 F.R.	84
85	15-18 200 F.R.	86
87	8-Un 100 F.R.	88
89	9-10 200 F.R.	90
91	11-12 200 F.R.	92

Use the following URL to find the time standards.

[http://www.pacswim.org/2013 AB SC.pdf](http://www.pacswim.org/2013%20AB%20SC.pdf)

TEAM RELAY ENTRY FORMS

Team Name:			Team Abbreviation:		
Relay Events Saturday, January 19, 2013		Entry Time	Relay Events Sunday, January 20, 2013		Entry Time
37	13-14 200 Medley Relay		83	13-14 200 Free Relay	
38	13-14 200 Medley Relay		84	13-14 200 Free Relay	
39	15-18 200 Medley Relay		85	15-18 200 Free Relay	
40	15-18 200 Medley Relay		86	15-18 200 Free Relay	
41	8-Un 200 Medley Relay		87	8- Un 200 Free Relay	
42	8-Un 200 Medley Relay		88	8-Un 200 Free Relay	
43	9-10 200 Medley Relay		89	9-10 200 Free Relay	
44	9-10 200 Medley Relay		90	9-10 200 Free Relay	
45	11-12 200 Medley Relay		91	11-12 200 Free Relay	
46	11-12 200 Medley Relay		92	11-12 200 Free Relay	
Number of Relays _____ X \$9 = _____			Number of Relays _____ X \$9 = _____		

Entry forms must be postmarked by Monday, January 7, 2013 or Hand Delivered to Gunderson High School Swimming Office (not inside the school, but out by the pool) by Wednesday, January 9, 2013 at 7:00 PM.

Note you must list all swimmers who are swimming on relays, BUT not entered in the meet on the following form. Swimmers not listed with accurate USA Registration numbers will not be allowed to swim in the relay.

