

- All relay swimmers must be entered in an individual event in the meet.
- Each team may enter as many relays as possible, but only the two fastest relays from each team will be scored and awarded.

UNACCOMPANIED SWIMMERS: Any USA-S athlete-member competing at the meet must be accompanied by a USA Swimming member-coach for the purposes of athlete supervision during warm-up, competition and warm-down. If a coach-member of the athlete's USA-S Club does not attend the meet to serve in said supervisory capacity, it is the responsibility of the swimmer or the swimmer's legal guardian to arrange for supervision by a USA-S member-coach. The Meet Director or Meet Referee may assist the swimmer in making arrangements for such supervision; however, it is recommended that such arrangements be made in advance of the meet by the athlete's USA-S Club Member-Coach.

RACING STARTS: Swimmers must be certified by a USA-S member-coach as being proficient in performing a racing start, or must start the race in the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

RESTRICTIONS:

- Smoking and the use of other tobacco products is prohibited on the pool deck, in the locker rooms, in spectator seating, or standing areas and in all areas used by swimmers, during the meet and during warm-up periods.
- Sale and use of alcoholic beverages is prohibited in all areas of the meet venue.
- No glass containers are allowed in the meet venue.
- No propane heater is permitted except for snack bar/meet operations.
- Personal canopies, tents, or sleeping bags will be allowed in the designated areas but not on the pool deck. Some TEAM canopies for coaches may be allowed on the pool deck in spaces designated by the meet director.
- All shelters must be properly secured.
- **No pets, except service animals, are allowed on deck at any time.**
- Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is strongly discouraged.

ELIGIBILITY:

- The meet is open to all qualified swimmers of the following teams **AAA, FBA, EBAT, HILL, LCCC, MACS, PST, SAIL and SHSC. Unattached swimmers**, practicing with one of these teams, are eligible to swim in prelims and timed finals, but are not eligible to score points, receive awards, participate in relays, or to qualify for finals in a trials and finals event. Unattached swimmers competing in timed finals will be treated as exhibition athletes for purposes of scoring.
- Swimmers must be current members of USA-S and enter their name and registration number on the meet entry card as they are shown on their Registration Card. If this is not done, it may be difficult to match the swimmer with the registration and times database. The meet host will check all swimmer registrations against the SWIMS database and if not found to be registered, the Meet Director shall accept the registration at the meet (a \$10 surcharge will be added to the regular registration fee). Duplicate registrations will be refunded by mail.
- Entries with "**NO TIME**" will be accepted.
- Entry times submitted for this meet will be checked against a computer database and may be changed in accordance with Pacific Swimming Entry Time Verification Procedures.
- Disabled swimmers are welcome to attend this meet and should contact the Meet Director or Meet Referee regarding and special accommodations on entry times and seeding per Pacific Swimming policy.
- The swimmer's age will be the age of the swimmer on the first day of the meet.

ENTRY FEES: \$2.75 per individual event, \$8.00 participation fee per swimmer. \$9.00 per relay. All individual event entry fees **MUST** be included with entry. Relay entries and fees will be due at a time announced each day of the meet.

ONLINE ENTRIES: To enter online go to <http://ome.swimconnection.com/pc/MACS20140719> to receive an immediate entry confirmation. This method requires payment by credit card. Swim Connection, LLC charges a processing fee for this service, equal to \$1 per swimmer plus 5% of the total Entry Fees. Please note that the processing fee is a separate fee from the Entry Fees. If you do not wish to pay the processing fee, enter the meet using a mail entry. **Entering online is a convenience, is completely voluntary, and is in no way required or expected of a swimmer by Pacific Swimming.** Online entries will be accepted through **Thursday, July 10, 2014.**

MAILED OR HAND DELIVERED ENTRIES: Entries must be on the attached consolidated entry form. Forms must be filled out completely and printed clearly with swimmers best time. Entries must be postmarked by midnight, Wednesday, July 9 or hand delivered by 6:30 p.m. Thursday, July 10, 2014. No late entries will be accepted. No refunds will be made, except mandatory scratch downs. Requests for confirmation of receipt of entries should include a self-addressed envelope.

Make check payable to: MACS Aquatics
Mail entries to: MACS Aquatics
39 Wild Rye Way
Napa, CA 94558

Hand deliver entries to: MACS Aquatics
39 Wild Rye Way
Napa, CA 94558

CHECK-IN: The meet will be deck seeded. Swimmers must check-in at the Clerk of Course. Close of check-in for all events shall be no more than 60 minutes before the estimated time of the start of the first heat of the event. No event shall be closed more than 30 minutes before the scheduled start of the session. Swimmers who do not check-in will not be allowed to compete in the event.

SCRATCHES: Pacific Swimming scratch rules will be enforced. A copy will be posted at the clerk-of-course. Swimmers entered in an individual event in a Trials and Finals meet that is seeded on the deck who have checked in for that event, must swim in the event unless they notify the clerk of the course before seeding for that event has begun that they wish to scratch. Failure to swim an event will result in being barred from rest of his/her events that day including relays. If the swimmer qualified for a final before missing an event they may swim that final. The penalty will not apply if the Head Referee accepts proof that the failure to swim has been caused by illness, injury, or other circumstances out of the swimmer's control. Any swimmer qualifying for a final race in an individual event, who fails to show in said final race, prior to calling the alternate, shall be barred from further competition for the remainder of the meet. If the No-Show occurs on the last day that the swimmer is entered in an individual event in the meet, and no other individual event penalty is applicable, the swimmer shall then be fined \$25.00. Swimmers have 30 minutes after the results of an event are announced to scratch or declare their intent to scratch.

AWARDS: **Individual: Ribbons for 1st-8th place**
Relays: Ribbons for 1st-3rd place
Team: 1st and 2nd place teams will receive a trophy.

SCORING: **Individual Events: 20 – 17 – 16 – 15 – 14 – 13 – 12 – 11 – 10 – 9 – 8 – 7 – 6 – 5 – 4 – 3 – 2 – 1**
Relay Events: 40 - 34 – 32 – 30 – 28 – 26 – 24 - 22

ADMISSION: Admission is free. A 2-day meet program will be available for a fee.

SNACK BAR: A snack bar will be available during the meet.

HOSPITALITY: Lunch and limited hospitality will be available to all working officials and coaches. Snacks will be served to timers during the meet.

MINIMUM NUMBER OF OFFICIALS: One half-hour before the scheduled start of each session, the Meet Referee shall conduct an inventory of Officials, and shall compare the number of swimmers present against the number of Officials present representing each team. No more than 3 days after the close of entries, Meet management (ref or director) shall contact a representative from each team participating, and provide a preliminary inventory.

Each team shall, by the start of the meet, provide the Meet Director or designee a list of Officials who have agreed to represent that team during the meet, in accordance with the following table:

# of swimmers competing in meet per team:	# of trained & carded officials required:
1-10	0
11-25	1
26-50	2
51-75	3
76-100	4
101 or more	5

*Zone 3 Pacific Swimming will include Colorado, Intermediary/Chief Timing Judge, and HyTek Computer into the count of Officials for a session; these positions are not carded. Zone 3 Pacific Swimming will accept Trainees into the count of Officials for a session, so long as they are carded.

EVENT SUMMARY:

Saturday, July 19, 2014	8&U	9-10	11-12	13-18
	25 Back*	50 Back	200 IM*	200 Back*
	25 Breast*	50 Breast	100 Back*	200 IM
	50 Free*	100 Free	50 Breast	100 Breast
	100 MR ⁺	200 MR ⁺	50 Fly	200 Fly*
			100 Free	100 Free
			200 MR [%]	200 MR [%]
Sunday, July 20, 2014	8&U	9-10	11-12	13-18
	100 IM*	100 IM	100 IM	200 Free*
	25 Fly*	50 Fly	100 Breast*	100 Back
	25 Free*	50 Free	50 Back	200 Breast*
	100 FR ⁺	200 FR ⁺	100 Fly*	100 Fly
			50 Free	50 Free
			200 FR [%]	200 FR [%]

ORDER OF EVENTS:

Saturday, July 19				Sunday, July 20			
Girls	Boys	Age	Event	Girls	Boys	Age	Event
101*	102*	11-12	200 IM	201	202	11-12	100 IM
103*	104*	13-18	200 Back	203*	204*	13-18	200 Free
105*	106*	11-12	100 Back	205*	206*	11-12	100 Breast
107*	108*	8&U	25 Back	207*	208*	8&U	100 IM
109	110	9-10	50 Back	209	210	9-10	100 IM
111	112	13-18	200 IM	211	212	13-18	100 Back
113	114	11-12	50 Breast	213	214	11-12	50 Back
115*	116*	8&U	25 Breast	215*	216*	13-18	200 Breast
117	118	9-10	50 Breast	217*	218*	8&U	25 Fly
119	120	13-18	100 Breast	219	220	9-10	50 Fly
121	122	11-12	50 Fly	221*	222*	11-12	100 Fly
123*	124*	13-18	200 Fly	223	224	13-18	100 Fly
125*	126*	8&U	50 Free	225*	226*	8&U	25 Free
127	128	9-10	100 Free	227	228	9-10	50 Free
129	130	13-18	100 Free	229	230	11-12	50 Free
131	132	11-12	100 Free	231	232	13-18	50 Free
133+	134+	8&U	100 Med Rly	233+	234+	8&U	100 Fr Rly
135+	136+	9-10	200 Med Rly	235+	236+	9-10	200 Fr Rly
137%	138%	13-18	200 Med Rly	237%	238%	11-12	200 Fr Rly
139%	140%	11-12	200 Med Rly	239%	240%	13-18	200 Fr Rly

* Event swum as Timed Finals

+ Event swum at the end of Trials

% Event swum at the beginning of Finals

NOTE: 13-18 events will swim together in trials, but will be swum and scored as 13-14, 15-16 and 17-18 in finals. 11-18 and 13-18 timed finals will swim together, but will be scored separately (11-12, 13-14, 15-16 and 17-18)

MONTICELLO AQUATIC CLUB SEALS					
2014 NBAL CHAMPIONSHIPS					
July 19-20, 2014					
Consolidated Entry Card					
NAME	LAST	FIRST	INITIAL		
Club Abbr	Unattached Yes No		Club Name		
Age	Date of Birth		Amt Paid		
USAS Registration					
Sex Boy Girl		Age Group 8&U 9-10 11-12 13&O			
Event #	Distance	Stroke	Entry Time		
			: .		
			: .		
			: .		
			: .		
			: .		
			: .		
			: .		
			: .		
			: .		
			: .		
			: .		
			: .		
# of entries ____ x \$2.75			\$ _____		
Participation fee			+ \$8.00		
Total			\$ _____		
Coaches Name					
Swimmers	Address				
	City				
	State				
Zip					
Swimmer Phone					
Family Email					

MONTICELLO AQUATIC CLUB SEALS					
2014 NBAL CHAMPIONSHIPS					
July 19-20, 2014					
Consolidated Entry Card					
NAME	LAST	FIRST	INITIAL		
Club Abbr	Unattached Yes No		Club Name		
Age	Date of Birth		Amt Paid		
USAS Registration					
Sex Boy Girl		Age Group 8&U 9-10 11-12 13&O			
Event #	Distance	Stroke	Entry Time		
			: .		
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			: .		
			: .		
			: .		
# of entries ____ x \$2.75			\$ _____		
Participation fee			+ \$8.00		
Total			\$ _____		
Coaches Name					
Swimmers	Address				
	City				
	State				
Zip					
Swimmer Phone					
Family Email					