

**POLAR BEARS OF LOS GATOS (GATO)  
GATO vs. TIDE  
PACIFIC SWIMMING SHORT COURSE DUAL MEET  
JANUARY 23<sup>rd</sup>, 2019**



**SANCTION:** Held under USA/Pacific Swimming Sanction No. **19-019**

*In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.*

**NOTICE:** By entering this meet, the athlete or his/her guardian consents to the publication, via electronic, print or other media, information and/or imagery related to their participation at this meet. Such information and imagery may include, but is not limited to, photographs, video, web casting, television, psych sheets and live meet results.

**USE OF AUDIO AND VISUAL:** Photography and video recording from behind the blocks or starting areas is prohibited unless prior permission is granted by the Meet Referee. Use of any audio or visual recording devices, including but not limited to film and digital cameras, cell phones and tablets, and Google Glass is not permitted in changing areas, rest rooms or locker rooms. Violation of this recording prohibition may result in ejection from the swimming pool facility by the Meet Referee or his/her designee.

**MEET PERSONNEL:**

<i>Meet Referee: Mike Piccardo</i>	<i>Head Starter: Brett Shaug</i>
<i>Meet Marshal: Claire Bruder</i>	<i>Admin Official: Larry Rice</i>
<i>Meet Director: Nicholas Jufiar</i>	

**LOCATION:** Los Gatos High School Pool, 20 High School Court, Los Gatos Ca. 95032

**DIRECTIONS:** From Highway 17 South, take the East Los Gatos Exit and merge onto Los Gatos – Saratoga Road. Turn right onto Los Gatos Boulevard. Turn right on Pleasant Street and then a left at the dead end, New York Avenue.

**COURSE:** Outdoor 50 Meter pool with up to 8 25 yard lanes available for competition. An additional 4 lanes will be available for warm-up/cool down throughout the competition. The minimum water depth for the shallow end course, measured in accordance with Article 103.2.3, is 7' at the start end and 7' at the turn end. The competition course has not been certified in accordance with USA-S Article 104.2.2C(4).

**TIME:** Meet will begin at 4:30 pm on Wednesday January 23<sup>rd</sup>. Warm up will begin at 3:30 pm.

**RULES:**

- Current USA and Pacific Swimming rules and warm-up procedures will govern the meet. A copy of these procedures will be posted at the Clerk-of-Course.
- All events are timed finals.
- All events will swim fast to slow.
- Athletes may compete in (3) events.
- All athletes ages 12 and under should complete competition within four (4) hours.
- Entries will be accepted until the number of splashes exceeds the estimated time line, per the "Four-Hour Rule," based on the athletes age and gender.
- If local conditions warrant it the Meet Referee, with the concurrence of the Meet Director, may require a mandatory scratch down. Immediate cash refunds will be made for any mandatory scratches.
- **All coaches and deck officials must wear their USA Swimming membership cards in a visible manner.**

**UNACCOMPANIED ATHLETES:** Any USA-S athlete-member competing at the meet must be accompanied by a USA Swimming member-coach for the purposes of athlete supervision during warm-up, competition and warm-down. If a coach-member of the athlete's USA-S Club does not attend the meet to serve in said supervisory capacity, it is the responsibility of the athlete or the athlete's legal guardian to arrange for supervision by a USA-S member-coach. The Meet Director or Meet Referee may assist the athlete in making arrangements for such supervision; however, it is recommended that such arrangements be made in advance of the meet by the athlete's USA-S Club Member-Coach.

**RACING STARTS:** Athletes must be certified by a USA-S member-coach as being proficient in performing a racing start, or must start the race in the water. It is the responsibility of the athlete or the athlete's legal guardian to ensure compliance with this requirement.

- RESTRICTIONS:**
- Smoking and the use of other tobacco products is prohibited on the pool deck, in the locker rooms, in spectator seating, on standing areas and in all areas used by athletes, during the meet and during warm-up periods.
  - Sale and use of alcoholic beverages is prohibited in all areas of the meet venue.
  - No glass containers are allowed in the meet venue.
  - No propane heater is permitted except for snack bar/meet operations.
  - All shelters must be properly secured.
  - Changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited.
  - Destructive devices, to include but not limited to, explosive devices and equipment, firearms (open or concealed), blades, knives, mace, stun guns and blunt objects are strictly prohibited in the swimming facility and its surrounding areas. If observed, the Meet Referee or his/her designee may ask that these devices be stored safely away from the public or removed from the facility. Noncompliance may result in the reporting to law enforcement authorities and ejection from the facility. Law enforcement officers (LEO) are exempt per applicable laws.
  - Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

- ELIGIBILITY:**
- Athletes must be current members of USA-S and enter their name and registration number on the meet entry card as they are shown on their Registration Card. If this is not done, it may be difficult to match the athlete with the registration and times database. The meet host will check all athlete registrations against the SWIMS database and if not found to be registered, the Meet Director shall accept the registration at the meet (a \$10 surcharge will be added to the regular registration fee). Duplicate registrations will be refunded by mail.
  - Participating athletes must be members of GATO or TIDE. Unattached athletes who are participating with GATO or TIDE are eligible to compete.
  - Entries with "**NO TIME**" will be **ACCEPTED**.
  - Entry times submitted for this meet may be checked against a computer database and may be changed in accordance with Pacific Swimming Entry Time Verification Procedures.
  - Disabled athletes are welcome to attend this meet and should contact the Meet Director or Meet Referee regarding any special accommodations on entry times and seeding per Pacific Swimming policy.
  - Athletes 19 years of age and over may compete in the meet for time only, no awards. Such athletes must have met standards for the 17-18 age group.
  - The athlete's age will be the age of the athlete on the first day of the meet.

**ENTRY FEES:** \$15.00 per athlete. No charge for relays.

**ENTRIES:**

**HyTek Team Entry:**

Entry Submittal Procedure:

1. Entry File from Team Manager
2. Meet Entry Report for individual athletes and relays sorted by Team Manger or equivalent.
3. Meet Entry Fee Report from Team Manager or equivalent.
4. Master Entry Summary Form – Completed and hand signed.
5. Meet Entry Fees – One Check made payable to SBAC.

Submittal Formats and Notes

1. Electronic Items: # 1, #2, # 3 due by January 11<sup>th</sup>, 2019 by midnight.
2. Hardcopies: Hand deliver items #4 and # 5 at the start of warm ups.
3. Email Entries To: [gatocoach@gmail.com](mailto:gatocoach@gmail.com) by January 11<sup>th</sup>, 2019 by midnight.

**CHECK-IN:** The meet will be deck seeded. Athletes must check-in at the Clerk-of-Course. No event shall be closed more than 30 minutes before the scheduled start of the session. Close of check-in for all individual events shall be no more than 60 minutes before the estimated time of the start of the first heat of the event. Athletes who do not check in will not be seeded and will not be allowed to compete in that event.

**SCRATCHES:** Any athletes not reporting for or competing in an individual timed final event that they have checked in for shall not be penalized.

**AWARDS:** None.

**ADMISSION:** Free.

**SNACK BAR & HOSPITALITY:** A snack bar will be available throughout the competition. Coaches and working deck officials will be provided lunch. Hospitality will serve refreshments to timers and volunteers.

**MISCELLANEOUS:** No overnight parking is allowed. Facilities will not be provided after meet hours.

**EVENTS:**

<b>Girls Event Number</b>	<b>Age Group</b>	<b>Event/Distance</b>	<b>Boys Event Number</b>
1	Open	200 Medley Relay	2
3	Open	200 Freestyle	4
5	Open	100 Fly	6
7	Open	50 Fly	8
9	8 and Under	25 Fly	10
11	Open	100 Back	12
13	Open	50 Back	14
15	8 and Under	25 Back	16
17	Open	100 Breast	18
19	Open	50 Breast	20
21	8 and Under	25 Breast	22
23	Open	200 IM	24
25	Open	100 Free	26
27	Open	50 Free	28
29	8 and Under	25 Free	30
31	Open	200 Free Relay	32

Pacific Swimming – Hosted by GATO C/B/A+ January 23rd, 2019 Consolidated Entry Form													
Name: Last,			First				Middle						
Club Abbr.		UNATT TEAM ABBR				Club Name							
Age		Date of Birth				Sex M F		LSC – (PC, SN)					
USA-#													
Event #	Distance / Stroke					Entry Time			Circle one				
						: .			SCY / LCM				
						: .			SCY / LCM				
						: .			SCY / LCM				
						: .			SCY / LCM				
						: .			SCY / LCM				
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						: .			SCY / LCM				
						: .			SCY / LCM				
						: .			SCY / LCM				
# of entries _____ Participation Fee      \$ 15.00  Total                    \$ 15.00													
Coach													
Athlete's Address													
Home Phone							Cell Phone						
Email													