

HILLS HURRICANE SWIMMING
PACIFIC SWIMMING SHORT COURSE C/B/BB+ MEET
SATURDAY, MARCH 24 - SUNDAY, MARCH 25, 2018
Enter Online: <https://ome.swimconnection.com/PC/Hill20180324>



MEET TIMELINE, TIMING ASSIGNMENTS, PSYCH SHEET, ETC:

Will be available at least three days before the meet start date at <http://www.hurricaneswimming.com>

LIVE RESULTS: <http://results.teamunify.com/pchhs/index.html>

SANCTION: Held under USA/Pacific Swimming Sanction No. **18-042**

In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

NOTICE: By entering this meet, the athlete or his/her guardian consents to the publication, via electronic, print or other media, information and/or imagery related to their participation at this meet. Such information and imagery may include, but is not limited to, photographs, video, web casting, television, psych sheets and live meet results.

USE OF AUDIO AND VISUAL: Photography and video recording from behind the blocks or starting areas is prohibited unless prior permission is granted by the Meet Referee. Use of any audio or visual recording devices, including but not limited to film and digital cameras, cell phones and tablets, and Google Glass is not permitted in changing areas, rest rooms or locker rooms. Violation of this recording prohibition may result in ejection from the swimming pool facility by the Meet Referee or his/her designee.

OFFICIALS:

| | |
|--|-------------------------------------|
| <i>Meet Referee:</i> Peter McNamara | <i>Head Starter:</i> Holly Taifer |
| <i>Meet Marshal:</i> Eve Maidenberg | <i>Admin Official:</i> Carol Cottam |
| <i>Meet Director:</i> Jen Shaffer, shaffer.jen@gmail.com , 510-520-8910 (email preferred) | |

LOCATION: SODA AQUATIC CENTER at CAMPOLINDO HIGH SCHOOL: 300 Moraga Road, Moraga, California. **Do not park where no parking signs or permit parking only signs are posted. You will be ticketed or towed. No overnight/RV parking allowed.**

DIRECTIONS: Highway 24 West-take Central Lafayette Exit, turn right on Deer Hill Rd, Right on First St, Right on Mount Diablo Blvd, Left on Moraga Rd, and right on Campolindo Dr. Highway 24 East-take Orinda Exit, turn right on Moraga Way, left on Glorietta Blvd, right on Rheem Blvd, left on Moraga Rd, left on Campolindo Dr. Pool is located behind high school. Parking lot located on left.

COURSE: Outdoor 25 yard x 50 meter outdoor, heated pool pool with up to 18 lanes available for competition. An additional 8 lanes will be available for warm-up/cool down throughout the competition. The minimum water depth for the shallow end course, measured in accordance with Article 103.2.3, is 10' at the start end and 7' at the turn end. The competition course has been certified in accordance with Article 104.2.2C(4) . The copy of such certification is on file with USA Swimming.

RULES:

- Current USA and Pacific Swimming rules and warm-up procedures will govern the meet. A copy of these procedures will be posted at the Clerk-of-Course.
- All events are timed finals.
- All events will swim fast to slow.
- Athletes may compete in 4 events per day.
- All athletes ages 12 and under should complete competition within four (4) hours.
- Entries will be accepted until the number of splashes exceeds the estimated time line, per the "Four-Hour Rule," based on the athletes' age and gender.
- If local conditions warrant, the Meet Referee, with the concurrence of the Meet Director, may require a mandatory scratch-down. Immediate cash refunds will be made for any mandatory scratches.
- **All coaches and deck officials must wear their USA Swimming membership cards in a visible manner.**
- **Athletes swimming the 500 Freestyle must provide their own timers and counters.**
- Athletes entering in the 500 free must meet the 10-and-under "B" time standard (Girls: 8:26.09, Boys: 8:16.69)

ATTENTION HIGH SCHOOL ATHLETES: If you are a high school athlete in high school swim season, you need to be Unattached from this meet. It is the athlete's responsibility to be Unattached from this meet. You can un-attach at the meet if necessary. This does not apply to athletes swimming under the rules of the Nevada Interscholastic Activities Association (NIAA).

UNACCOMPANIED ATHLETES: Any USA Swimming athlete-member competing at the meet must be accompanied by a USA Swimming member-coach for the purposes of athlete supervision during warm-up, competition and warm-down. If a coach-member

of the athlete's USA Swimming Club does not attend the meet to serve in said supervisory capacity, it is the responsibility of the athlete or the athlete's legal guardian to arrange for supervision by a USA Swimming member-coach. The Meet Director or Meet Referee may assist the swimmer in making arrangements for such supervision; however, it is recommended that such arrangements be made in advance of the meet by the athlete's USA Swimming Club Member-Coach.

RACING STARTS: Any athlete entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the athlete or the athlete's legal guardian to ensure compliance with this requirement.

RESTRICTIONS:

- Smoking and the use of other tobacco products is prohibited on the pool deck, in the locker rooms, in spectator seating, in standing areas and in all areas used by athletes, during the meet and during warm-up periods.
- Sale and use of alcoholic beverages is prohibited in all areas of the meet venue.
- No glass containers are allowed in the meet venue.
- No propane heater is permitted except for snack bar/meet operations.
- All shelters must be properly secured.
- Changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited.
- Destructive devices, to include but not limited to, explosive devices and equipment, firearms (open or concealed), blades, knives, mace, stun guns and blunt objects are strictly prohibited in the swimming facility and its surrounding areas. If observed, the Meet Referee or his/her designee may ask that these devices be stored safely away from the public or removed from the facility. Noncompliance may result in the reporting to law enforcement authorities and ejection from the facility. Law enforcement officers are exempt per applicable laws.
- Operation of a drone or any other flying apparatus is prohibited over the venue (pools, athlete/coach area, spectator area and open ceiling locker rooms) any time athletes, coaches, official and/or spectators are present.
- Coaches, parents and siblings may not use the pool

ELIGIBILITY:

- Athletes must be current members of USA Swimming and enter their name and registration number on the meet entry card as they are shown on their Registration Card. If this is not done, it may be difficult to match the athlete with the registration and times database. The meet host will check all athlete registrations against the SWIMS database and if not found to be registered, the Meet Director shall accept the registration at the meet (a \$10 surcharge will be added to the regular registration fee). Duplicate registrations will be refunded by mail.
- Athletes in the "BB" Division must have met at least USA Swimming Motivational "BB" minimum time standard. Athletes in the "B" Division must have met at least the listed "B" minimum time standard. All entry times slower than the listed "B" time standard will be in the "C" Division. For 8&U, athletes in the "A" division must have at least the listed "A" standard.
- **Entries with "NO TIME" will not be accepted.**
- Entry times submitted for this meet may be checked against a computer database and may be changed in accordance with Pacific Swimming Entry Time Verification Procedures.
- Disabled athletes are welcome to attend this meet and should contact the Meet Director or Meet Referee regarding and special accommodations on entry times and seeding per Pacific Swimming policy.
- Athletes 19 years of age and over may compete in the meet for time only, no awards.
- Athlete's age will be the age of the athlete on the first day of the meet.

ZONE 2 ENTRY PRIORITY: Meet entries will not be accepted any earlier than February 17, 2018. Entries of athletes from Zone 2 "year round" clubs in "good standing" postmarked or entered online by 11:59 p.m. on Friday, February 23, 2018 will be given 1st priority acceptance. Entries from members of Zone 2 clubs (year-round and seasonal) postmarked or entered online between 12:00 am on Saturday, February 24, 2018 and 11:59 pm on Friday, March 2, 2018 will be given 2nd priority acceptance. All entries from Zone 2, all other Pacific LSC Zones, and other LSC's, either postmarked, entered online, or hand delivered by the entry deadline will be considered in the order that they were received.

****Note:** Athletes who falsify their entry form by listing a club to which they are not legitimately associated will be rejected from the meet. Further, entry fees will not be refunded and they may be referred to Pacific Swimming Review Committee for disciplinary action.

ENTRY FEES: \$4.00 per event, \$8.00 participation fee per athlete. Entries will be rejected if payment is not sent at time of request. No refunds will be made, except mandatory scratch downs.

ONLINE ENTRIES: To enter online go to <https://ome.swimconnection.com/PC/Hill20180324> to receive an immediate entry confirmation. This method requires payment by credit card. Swim Connection, LLC charges a processing fee for this service, equal to

\$1 per athlete plus 5% of the total Entry Fees. Please note that the processing fee is a separate fee from the Entry Fees. If you do not wish to pay the processing fee, enter the meet using a mail entry. Entering online is a convenience, is completely voluntary, and is in no way required or expected of an athlete by Pacific Swimming. **Online entries will be accepted through Wednesday, March 14, 2018, or until the meet closes due to reaching capacity under the four-hour rule.**

MAILED OR HAND DELIVERED ENTRIES: Entries must be on the attached consolidated entry form. Forms must be filled out completely and printed clearly with athlete's best time. **Entries must be postmarked by 11:59pm Monday, March 12, 2018 or hand delivered by 6:30 p.m. Wednesday, March 14, 2018.** No late entries will be accepted. Requests for confirmation of receipt of entries should include a self-addressed envelope.

Make check payable to: Hills Hurricane Swimming
Mail and/or hand deliver entries to: Hills Hurricane Swimming
2400 Manzanita Dr.
Oakland, CA 94611

CHECK-IN: The meet will be deck seeded. Athletes must check-in at the Clerk-of-Course. No event shall be closed more than 30 minutes before the scheduled start of the session. Close of check-in for all individual events shall be no more than 60 minutes before the estimated time of the start of the first heat of the event. Athletes who do not check in will not be seeded and will not be allowed to compete in that event.

SCRATCHES: Any athletes not reporting for or competing in an individual timed final event that they have checked in for shall not be penalized.

AWARDS: The top 8 places will be awarded for 8&U, 9-10, 11-12, 13-14, 15-18 age groups in each division (C/B/BB). 8&U will be awarded in each division (PC-A, PC-B, and PC-C). All athletes achieving an "A" time for the first time will be awarded a standard "A" medal, regardless of place achieved in event. No awards will be given to athletes age 19 years or older. All Individual awards must be picked up at the meet. No awards will be mailed or distributed after the meet. The 500 free will not be awarded.

ADMISSION: Free. A limited amount of meet programs will be available for \$5.00.

SNACK BAR & HOSPITALITY: A snack bar will be available throughout the competition. Coaches and working deck officials will be provided lunch. Hospitality will serve refreshments to timers and volunteers.

MISCELLANEOUS: No overnight parking is allowed. Facilities will not be provided after meet hours.

MINIMUM OFFICIALS: The Meet Referee shall conduct an inventory of Officials and shall compare the number of athletes entered against the number of Officials that worked representing each club per day of the meet. Those clubs who have not provided sufficient Officials in a day of the meet, in accordance with the table below, will be fined \$100 per missing Official per day.

| Number of athletes entered in meet per team per day | Number of trained and carded officials required |
|---|---|
| 1-10 | 0 |
| 11-25 | 1 |
| 26-50 | 2 |
| 51-75 | 3 |
| 76-100 | 4 |
| Every 20 Athletes over 100 | +1 |

EVENT SUMMARY

| SATURDAY | | | | SUNDAY | | | |
|-----------|------------|------------|------------|-----------|-----------|-----------|------------|
| 8 & UN | 9-10 | 11-12 | 13-18 | 8 & UN | 9-10 | 11-12 | 13-18 |
| 100 IM | 100 IM | 100 IM | 200 IM | 100Free | 50 Fly | 200 Fly | 200 Fly |
| 50 Free | 50 Free | 50 Free | 50 Free | 50 Breast | 50 Breast | 50 Breast | 200 Breast |
| 25 Fly | 100 Fly | 100 Fly | 100 Fly | 25 Back | 50 Back | 100 Back | 100 Back |
| 25 Breast | 100 Breast | 100 Breast | 100 Breast | 25 Free | 100 Free | 100 Free | 100 Free |
| 500 Free* | 500 Free* | 500 Free* | 500 Free* | 500 Free* | 500 Free* | 500 Free* | 500 Free* |

* Athletes entering in the 500 free must meet the 10-and-under "B" time standard (Girls: 8:26.09, Boys: 8:16.69).

EVENTS

Saturday, March 24

| Event # | Event | Event # |
|---------|------------------|---------|
| 1 | 13+ 200 I.M. | 2 |
| 3 | 11-12 100 I.M. | 4 |
| 5 | 9-10 100 I.M. | 6 |
| 7 | 8-UN 100 I.M. | 8 |
| 9 | 13+ 50 Free | 10 |
| 11 | 11-12 50 Free | 12 |
| 13 | 9-10 50 Free | 14 |
| 15 | 8-UN 50 Free | 16 |
| 17 | 13+ 100 Fly | 18 |
| 19 | 11-12 100 Fly | 20 |
| 21 | 9-10 100 Fly | 22 |
| 23 | 8-UN 25 Fly | 24 |
| 25 | 13+ 100 Breast | 26 |
| 27 | 11-12 100 Breast | 28 |
| 29 | 9-10 100 Breast | 30 |
| 31 | 8-UN 25 Breast | 32 |
| 33 | *OPEN 500 Free | |

Sunday, March 25

| Event # | Event | Event # |
|---------|-----------------|---------|
| 35 | 13+ 200 Fly | 36 |
| 37 | 11-12 200 Fly | 38 |
| 39 | 9-10 50 Fly | 40 |
| 41 | 8-UN 100 Free | 42 |
| 43 | 13+ 200 Breast | 44 |
| 45 | 11-12 50 Breast | 46 |
| 47 | 9-10 50 Breast | 48 |
| 49 | 8-UN 50 Breast | 50 |
| 51 | 13+ 100 Back | 52 |
| 53 | 11-12 100 Back | 54 |
| 55 | 9-10 50 Back | 56 |
| 57 | 8-UN 25 Back | 58 |
| 59 | 13+ 100 Free | 60 |
| 61 | 11-12 100 Free | 62 |
| 63 | 9-10 100 Free | 64 |
| 65 | 8-UN 25 Free | 66 |
| | *OPEN 500 Free | 68 |

* Athletes entering in the 500 free must meet the 10-and-under "B" time standard (Girls: 8:26.09, Boys: 8:16.69).

Girls 500 Freestyle will be swum on Saturday. Boys 500 Freestyle will be swum on Sunday.

All 500 Freestyle athletes must provide their own timers and lap counters.

The 500 Freestyle is not awarded.

Use the following URL to find the time standards: <http://www.pacswim.org/swim-meet-times/standards>

Pacific Swimming – Hosted by Hills Hurricane Swimming (HILL)
 Short Course C/B/A+ Meet
 March 24-25, 2018
 Consolidated Entry Form

Name: Last, First Middle

| | | |
|------------|-----------------|-----------|
| Club Abbr. | UNATT TEAM ABBR | Club Name |
|------------|-----------------|-----------|

| | | | |
|-----|---------------|---------------|----------------|
| Age | Date of Birth | Sex M F | LSC – (PC, SN) |
|-----|---------------|---------------|----------------|

| | | | | | | | | | | | | | | | |
|-------|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|
| USA-# | | | | | | | | | | | | | | | |
|-------|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|

| Event # | Distance / Stroke | Entry Time | Circle one |
|---------|-------------------|------------|------------|
| | | : . | SCY / LCM |
| | | : . | SCY / LCM |
| | | : . | SCY / LCM |
| | | : . | SCY / LCM |
| | | : . | SCY / LCM |
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| | | : . | SCY / LCM |
| | | : . | SCY / LCM |

of entries _____ x \$4.00 = \$ _____
 Participation Fee \$ 8.00
 Total \$ _____

Coach

Athlete's
Address

| | |
|------------|------------|
| Home Phone | Cell Phone |
|------------|------------|

Email