

**MONTEREY BAY SWIM CLUB  
RACE TO WINTER CHAMPIONSHIPS  
PACIFIC SWIMMING SHORT COURSE MEET  
NOVEMBER 18-20, 2016**

Enter Online: <http://ome.swimconnection.com/pc/MBSC>



**SANCTION:** Held under USA/Pacific Swimming Sanction No. **16-157**

*In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.*

**NOTICE:** By entering this meet, the athlete or his/her guardian consents to the publication, via electronic, print or other media, information and/or imagery related to their participation at this meet. Such information and imagery may include, but is not limited to, photographs, video, web casting, television, psych sheets and live meet results.

**USE OF AUDIO AND VISUAL:** Photography and video recording from behind the blocks or starting areas is prohibited unless prior permission is granted by the Meet Referee. Use of any audio or visual recording devices, including but not limited to film and digital cameras, cell phones and tablets, and Google Glass is not permitted in changing areas, rest rooms or locker rooms. Violation of this recording prohibition may result in ejection from the swimming pool facility by the Meet Referee or his/her designee.

**MEET PERSONNEL:**

|  |  |
|--|--|
| <i>Meet Referee: Jennifer McKennan</i>   | <i>Head Starter: Brett Shaug</i>         |
| <i>Meet Marshal: Ron Garren</i>  | <i>Admin Official: Veronica Franklin</i> |
| <i>Meet Director: Mary Hazdovac</i> <a href="mailto:maryhazdovac@comcast.net">maryhazdovac@comcast.net</a> |  |

**LOCATION:** Hartnell College 156 Homestead Road, Salinas, CA

**DIRECTIONS: FROM US-101 SOUTH:** Take the MAIN ST exit toward SALINAS. Stay STRAIGHT to go onto N MAIN ST/CA-183 S. N MAIN ST/CA- 183 S becomes SALINAS ST. Turn RIGHT onto W ALISAL ST. Turn RIGHT onto HOMESTEAD AVE. **FROM US-101 NORTH:** Take the JOHN ST exit. Turn LEFT onto JOHN ST. Turn RIGHT onto MONTEREY ST. Turn LEFT onto E ALISAL ST. Turn RIGHT onto HOMESTEAD AVE.

**COURSE:** Outdoor pool with up to (14) lanes available for competition. An additional [4] lanes will be available for warm-up/cool down throughout the competition. The minimum water depth, measured in accordance with Article 103.2.3, is 14' at the start end and 4' 6" at the turn end. In accordance with Article 104.2.2C(4) the competition course has been certified. A copy of the certification is on file with USA Swimming.

**TIME:** Friday: Warm up begins at 2:45 PM, meet starts at 4:00 PM  
Saturday and Sunday: Warm up at 7:30 AM, Meet begins at 9:00 AM

**RULES:**

- Current USA and Pacific Swimming rules and warm-up procedures will govern the meet. A copy of these procedures will be posted at the Clerk-of-Course.
- All events are timed finals.
- Athletes may compete in MAXIMUM 4 events per day.
- All athletes ages 12 and under should complete competition within four (4) hours.
- Age groups will be awarded separately as 8 under, 9/10, 11/12 for events designated as 12 under.
- The meet will be capped when the meet estimated time line exceeds the Four Hour Rule per Age Group and Gender.
- If conditions warrant, the Meet Referee with concurrence of the Meet Director, may require a mandatory scratch down to three (3) events. Immediate refunds will be given ONLY for any mandatory scratch downs.
- **All events will be seeded fastest to slowest. 1650 will alternate girls and boys by heat.**
- Athletes in the 1650, 1000, and 500 Free are required to provide their own timers, as well as lap counters.
- **All coaches and deck officials must wear their USA Swimming membership cards in a visible manner.**

**SPECIAL RULES:** The USA Swimming Motivational "BB" minimum time standard per age group and gender will be used as the qualifying time standard for the 1650, 1000, 500 Free OPEN at this meet. The rest of the OPEN events at this meet do not have any time standard requirements. Athletes in the 11 & Over 400 IM must have met the USA Swimming Motivational "BB" time standard for his/her age group and gender in order to enter the event. Use the following link to find the time standards <http://www.pacswim.org/swim-meet-times/standards>

**UNACCOMPANIED ATHLETES:** Any USA-S athlete-member competing at the meet must be accompanied by a USA Swimming member-coach for the purposes of athlete supervision during warm-up, competition and warm-down. If a coach-member of the athlete's USA-S Club does not attend the meet to serve in said supervisory capacity, it is the responsibility of the athlete or the athlete's legal guardian to arrange for supervision by a USA-S member-coach. The Meet Director or Meet Referee may assist the athlete in making arrangements for such supervision; however, it is recommended that such arrangements be made in advance of the meet by the athlete's USA-S Club Member-Coach.

**RACING STARTS:** Athletes must be certified by a USA-S member-coach as being proficient in performing a racing start, or must start the race in the water. It is the responsibility of the athletes or the athlete's legal guardian to ensure compliance with this requirement.

**RESTRICTIONS:**

- Smoking and the use of other tobacco products is prohibited on the pool deck, in the locker rooms, in spectator seating, on standing areas and in all areas used by athletes, during the meet and during warm-up periods.
- Sale and use of alcoholic beverages is prohibited in all areas of the meet venue.
- No glass containers are allowed in the meet venue.
- No propane heater is permitted except for snack bar/meet operations.
- All shelters must be properly secured.
- Changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited.
- Destructive devices, to include but not limited to, explosive devices and equipment, firearms (open or concealed), blades, knives, mace, stun guns and blunt objects are strictly prohibited in the swimming facility and its surrounding areas. If observed, the Meet Referee or his/her designee may ask that these devices be stored safely away from the public or removed from the facility. Noncompliance may result in the reporting to law enforcement authorities and ejection from the facility. Law enforcement officers (LEO) are exempt per applicable laws.
- **No tents will be allowed on the pool deck, other than Coaches' Tents.**

**ELIGIBILITY:**

- Athletes must be current members of USA-S and enter their name and registration number on the meet entry card as they are shown on their Registration Card. If this is not done, it may be difficult to match the athlete's with the registration and times database. The meet host will check all athlete registrations against the SWIMS database and if not found to be registered, the Meet Director shall accept the registration at the meet (a \$10 surcharge will be added to the regular registration fee). Duplicate registrations will be refunded by mail.
- Athletes in the "A" Division must have met at least the listed USA Swimming Motivational "A" minimum time standard. Athletes in the "B" Division must have met at least the listed "B" time standard. All entry times slower than the listed "B" time standard will be in the "C" Division.
- Entries with "NO TIME" will be accepted (**Exception - 11 & Over 400 IM and OPEN 1650, 1000, 500 Free. See Special Rules**)
- Entry times submitted for this meet will be checked against a computer database and may be changed in accordance with Pacific Swimming Entry Time Verification Procedures.
- Disabled athletes are welcome to attend this meet and should contact the Meet Director or Meet Referee regarding and special accommodations on entry times and seeding per Pacific Swimming policy.
- Athletes 19 years of age and over may compete in the meet for time only, no awards. Such athletes must have met BB standards for the 17-18 age group if swimming the 1650, 1000, 500 Free or 400 IM.
- The athlete's age will be the age of the athlete on the first day of the meet.

**ENTRY FEES:** \$4.00 per event plus an \$8.00 participation fee per athlete. Entries will be rejected if payment is not sent at time of request. No refunds will be made, except mandatory scratch downs.

**ENTRY PRIORITY:** Zone 1 South (Z1S) entries postmarked by Monday, October 31, 2016 or entered online by 11:59 p.m. Monday, October 31, 2016 will be given priority acceptance. All entries from Zone 1 South, all other Pacific LSC zones, and other LSC's either postmarked by Monday, November 7, 2016, entered online by 11:59 p.m. Wednesday, November 9, 2016 will be considered in the order that they were received or until meet cap is reached,

**ONLINE ENTRIES:** To enter online go to <http://ome.swimconnection.com/pc/MBSC20161118> to receive an immediate entry confirmation. This method requires payment by credit card. Swim Connection, LLC charges a processing fee for this service, equal to \$1 per athlete plus 5% of the total Entry Fees. Please note that the processing fee is a separate fee from the Entry Fees. If you do

not wish to pay the processing fee, enter the meet using a mail entry. **Entering online is a convenience, is completely voluntary, and is in no way required or expected of an athlete by Pacific Swimming.** Online entries will be accepted through Wednesday, **November 9, 2016.**

**MAILED OR HAND DELIVERED ENTRIES:** Entries must be on the attached consolidated entry form. Forms must be filled out completely and printed clearly with athlete's best time. Entries must be postmarked by midnight, Monday, **November 7, 2016** or hand delivered by 6:30 p.m. Wednesday, **November 9, 2016.** No late entries will be accepted. Requests for confirmation of receipt of entries should include a self-addressed envelope.

**Make check payable to:** Monterey Bay Swim Club

**Mail entries to:** Mary Hazdovac 1117 Piedmont Avenue, Pacific Grove, CA 93950

**Hand deliver to:** Monterey Peninsula College, 980 Fremont Street, Monterey, 93940, M-TH only 4-7 PM

**CHECK-IN:** The meet will be deck seeded. Athletes must check-in at the Clerk-of-Course. No event shall be closed more than 30 minutes before the scheduled start of the session. Close of check-in for all individual events shall be no more than 60 minutes before the estimated time of the start of the first heat of the event. Athletes who do not check in will not be seeded and will not be allowed to compete in that event.

**SCRATCHES:** Any athletes not reporting for or competing in an individual timed final event that they have checked in for shall not be penalized.

**AWARDS:** Individual events: Ribbons will be awarded to the 1st – 8th place finishers, for each event designated as an age group event. (8&U, 9-10, 11-12). Awards will be available for pickup by the coaches, or a club representative, the day of the meet.

**PROGRAM:** Program will available for download at [www.montereyswim.org](http://www.montereyswim.org) prior to the meet.

**ADMISSION:** Free

**SNACK BAR & HOSPITALITY:** A snack bar will be available throughout the competition. Coaches and working deck officials will be provided lunch. Hospitality will serve refreshments to timers and volunteers.

**MISCELLANEOUS:** No overnight parking is allowed. Facilities will not be provided after meet hours.

**EVENTS**

| <b>November 18</b> |                  |         |
|--------------------|------------------|---------|
| Event #            | Event            | Event # |
| 1                  | Open 200 IM      | 2       |
| 3                  | Open 1650 FREE** | 4       |

| <b>November 19</b> |                      |         |
|--------------------|----------------------|---------|
| Event #            | Event                | Event # |
| 5                  | Open 200 Free        | 6       |
| 7                  | 8 -UN 25 Fly         | 8       |
| 9                  | 12 and under 50 Back | 10      |
| 11                 | 11 and over 200 Fly  | 12      |
| 13                 | Open 50 Free         | 14      |
| 15                 | Open 100 Breast      | 16      |
| 17                 | 8 -UN 25 Back        | 18      |
| 19                 | 11 and over 200 Back | 20      |
| 21                 | 12 and under 100 IM  | 22      |
| 23                 | Open 500 Free**      | 24      |

| <b>November 20</b> |                        |         |
|--------------------|------------------------|---------|
| Event #            | Event                  | Event # |
| 25                 | 11 and over 400 IM*    | 26      |
| 27                 | Open 100 Free          | 28      |
| 29                 | 8 -UN 25 Breast        | 30      |
| 31                 | Open 100 Fly           | 32      |
| 33                 | 12 and under 50 Breast | 34      |
| 35                 | 8 -UN 25 Free          | 36      |
| 37                 | 11 and over 200 Breast | 38      |
| 39                 | 12 and under 50 Fly    | 40      |
| 41                 | Open 100 Back          | 42      |
| 43                 | Open 1000 Free**       | 44      |

\*\* Athletes entering the Open 1650, 1000, 500 Free must provide their own timers and lap counters

\*\* See time requirements for 500, 1000, 1650 Free and 400 IM in the Special Rules Section

Use the following URL to find the time standards: <http://www.pacswim.org/swim-meet-times/standards>

| Pacific Swimming – Hosted by MBSC<br>RACE TO WINTER CHAMPIONSHIPS<br>November 18-20, 2015<br>Consolidated Entry Form |                   |  |                 |  |  |            |            |  |                |  |  |  |  |
|--|-------------------|--|-----------------|--|--|------------|------------|--|----------------|--|--|--|--|
| Name: Last,  |                   |  | First           |  |  |            | Middle     |  |                |  |  |  |  |
| Club Abbr.   |                   |  | UNATT TEAM ABBR |  |  |            | Club Name  |  |                |  |  |  |  |
| Age  |                   |  | Date of Birth   |  |  |            | Sex<br>M F |  | LSC – (PC, SN) |  |  |  |  |
| USA-#  |                   |  |                 |  |  |            |            |  |                |  |  |  |  |
| Event #  | Distance / Stroke |  |                 |  |  | Entry Time |            |  | Circle one     |  |  |  |  |
|  |                   |  |                 |  |  | : .        |            |  | SCY / LCM      |  |  |  |  |
|  |                   |  |                 |  |  | : .        |            |  | SCY / LCM      |  |  |  |  |
|  |                   |  |                 |  |  | : .        |            |  | SCY / LCM      |  |  |  |  |
|  |                   |  |                 |  |  | : .        |            |  | SCY / LCM      |  |  |  |  |
|  |                   |  |                 |  |  | : .        |            |  | SCY / LCM      |  |  |  |  |
|  |                   |  |                 |  |  | : .        |            |  | SCY / LCM      |  |  |  |  |
|  |                   |  |                 |  |  | : .        |            |  | SCY / LCM      |  |  |  |  |
|  |                   |  |                 |  |  | : .        |            |  | SCY / LCM      |  |  |  |  |
|  |                   |  |                 |  |  | : .        |            |  | SCY / LCM      |  |  |  |  |
|  |                   |  |                 |  |  | : .        |            |  | SCY / LCM      |  |  |  |  |
| # of entries _____ x \$4.00 = \$ _____<br>Participation Fee      \$ 8.00<br>Total                      \$ _____      |                   |  |                 |  |  |            |            |  |                |  |  |  |  |
| Coach  |                   |  |                 |  |  |            |            |  |                |  |  |  |  |
| Athlete's Address  |                   |  |                 |  |  |            |            |  |                |  |  |  |  |
| Home Phone   |                   |  |                 |  |  |            | Cell Phone |  |                |  |  |  |  |
| Email  |                   |  |                 |  |  |            |            |  |                |  |  |  |  |