

Quicksilver Swimming
PACIFIC SWIMMING SHORT COURSE IMR/IMX MEET
JANUARY 30th & 31st, 2016
Enter Online: <http://ome.swimconnection.com/pc/QSS20160130>



SANCTION: Held under USA/Pacific Swimming Sanction No. **16-007**

In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

NOTICE: By entering this meet, the athlete or his/her guardian consents to the publication, via electronic, print or other media, information and/or imagery related to their participation at this meet. Such information and imagery may include, but is not limited to, photographs, video, web casting, television, psych sheets and live meet results.

USE OF AUDIO AND VISUAL: Photography and video recording from behind the blocks or starting areas is prohibited unless prior permission is granted by the Meet Referee. Use of any audio or visual recording devices, including but not limited to film and digital cameras, cell phones and tablets, and Google Glass is not permitted in changing areas, rest rooms or locker rooms. Violation of this recording prohibition may result in ejection from the swimming pool facility by the Meet Referee or his/her designee.

MEET PERSONNEL:

<i>Meet Referee:</i> Mike Piccardo	<i>Head Starter:</i> Dustin McKennan
<i>Meet Marshal:</i> Dolores Akin	<i>Admin Official:</i> Denise Brolin
<i>Co-Meet Directors:</i> Lisa Rick - Lisa.Rick@morganhill.ca.gov	
Nancy Keslin - akeslin@yahoo.com	

LOCATION: Morgan Hill Aquatic Center, 16200 Condit Road, Morgan Hill, CA

DIRECTIONS: **From the North:** Exit Hwy 101 on Tennant and turn left onto Tennant. Continue .3 miles to Condit Road and turn left. The Aquatic Center is .1 mile ahead on your right. **From the South:** Exit Hwy 101 at Tennant and turn right onto Tennant. Continue .1 mile to Condit Road and turn left. The Aquatic Center is .1 mile ahead on your right.

PARKING: Parking in front of West Entrance is for Officials ONLY (Coned Area). General Parking is located in the lots North and South of the facility. Do NOT park at surrounding commercial/retail buildings as vehicles will be immediately towed at your expense. No overnight or RV parking is permitted on the Aquatic Center property. Neither the City of Morgan Hill, the Morgan Hill Dennis Kennedy Aquatic Center, nor Quicksilver Swimming assumes any responsibility for any damages/loss to any vehicle parked during the events. Parking is at your own risk. No parking at hotels or Patio World. Cars are subject to tow.

ENTRY: Enter facility through the gates at the competition end of the Aquatic Center, the south end. Please do not enter through the main entry on the north end of the facility, as the facility is open to the public during the meet.

COURSE: 25 yards x 50 meter outdoor pool with up to 16 (25 yard) lanes available for competition. An additional 6 lanes, 25 yard pool will be available for warm-up/cool down throughout the competition. The minimum water depth for the shallow end course, measured in accordance with Article 103.2.3, is 6'6" at the start end and 6'6" at the turn end. In accordance with Article 104.2.2C(4) the competition course has been certified. A copy of the certification is on file with USA Swimming.

TIME: Meet will begin for the IM Ready Sessions at 9:00AM each day with warm-ups from 7:30AM to 8:45AM each day. A special warm-up time for 8 and under swimmers only will be held from 8:15 to 8:45 AM in the warm-up/cool down pool. Meet will begin for the IMX Sessions 1 hour after the IM Ready Session finishes, but not before 12:30pm. IMX Session warm-ups will begin immediately after the IM Ready Session finishes.

RULES:

- Current USA and Pacific Swimming rules and warm-up procedures will govern the meet. A copy of these procedures will be posted at the Clerk-of-Course.
- All events are timed finals.
- All events will swim fast to slow.
- Swimmers may compete in a maximum of three (3) events per session.
- All swimmers ages 12 and under should complete competition within four (4) hours.
- Entries will be accepted until the number of splashes exceeds the estimated time line, per the "Four-Hour Rule," based on the swimmers age and gender.

- If local conditions warrant it the Meet Referee, with the concurrence of the Meet Director, may require a mandatory scratch down. Immediate cash refunds will be made for any mandatory scratches.
- **All coaches and deck officials must wear their USA Swimming membership cards in a visible manner.**

UNACCOMPANIED SWIMMERS: Any USA-S athlete-member competing at the meet must be accompanied by a USA Swimming member-coach for the purposes of athlete supervision during warm-up, competition and warm-down. If a coach-member of the athlete's USA-S Club does not attend the meet to serve in said supervisory capacity, it is the responsibility of the swimmer or the swimmer's legal guardian to arrange for supervision by a USA-S member-coach. The Meet Director or Meet Referee may assist the swimmer in making arrangements for such supervision; however, it is recommended that such arrangements be made in advance of the meet by the athlete's USA-S Club Member-Coach.

RACING STARTS: Swimmers must be certified by a USA-S member-coach as being proficient in performing a racing start, or must start the race in the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

RESTRICTIONS:

- Smoking and the use of other tobacco products is prohibited on the pool deck, in the locker rooms, in spectator seating, on standing areas and in all areas used by swimmers, during the meet and during warm-up periods.
- Sale and use of alcoholic beverages is prohibited in all areas of the meet venue.
- No glass containers are allowed in the meet venue.
- No propane heater is permitted except for snack bar/meet operations.
- All shelters must be properly secured.
- Changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited.
- Destructive devices, to include but not limited to, explosive devices and equipment, firearms (open or concealed), blades, knives, mace, stun guns and blunt objects are strictly prohibited in the swimming facility and its surrounding areas. If observed, the Meet Referee or his/her designee may ask that these devices be stored safely away from the public or removed from the facility. Noncompliance may result in the reporting to law enforcement authorities and ejection from the facility. Law enforcement officers (LEO) are exempt per applicable laws.

ELIGIBILITY:

- Swimmers must be current members of USA-S and enter their name and registration number on the meet entry card as they are shown on their Registration Card. If this is not done, it may be difficult to match the swimmer with the registration and times database. The meet host will check all swimmer registrations against the SWIMS database and if not found to be registered, the Meet Director shall accept the registration at the meet (a \$10 surcharge will be added to the regular registration fee). Duplicate registrations will be refunded by mail.

- Entries with **"NO TIME" will be accepted.**
- Entry times submitted for this meet will be checked against a computer database and may be changed in accordance with Pacific Swimming Entry Time Verification Procedures.
- Disabled swimmers are welcome to attend this meet and should contact the Meet Director or Meet Referee regarding any special accommodations on entry times and seeding per Pacific Swimming policy.
- Swimmers 19 years of age and over may compete in the meet for time only, no awards. Such swimmers must have met standards for the 17-18 age group.
- The swimmer's age will be the age of the swimmer on the first day of the meet.

ENTRY FEES: \$4.00 per event plus an \$8.00 participation fee per swimmer. Entries will be rejected if payment is not sent at time of request. No refunds will be made, except mandatory scratch downs.

ONLINE ENTRIES: To enter online go to <http://ome.swimconnection.com/pc/qss20160130> to receive an immediate entry confirmation. This method requires payment by credit card. Swim Connection, LLC charges a processing fee for this service, equal to \$1 per swimmer plus 5% of the total Entry Fees. Please note that the processing fee is a separate fee from the Entry Fees. If you do not wish to pay the processing fee, enter the meet using a mail entry. **Entering online is a convenience, is completely voluntary, and is in no way required or expected of a swimmer by Pacific Swimming.** Online entries will be accepted through Wednesday, **January 20th, 2016.**

MAILED OR HAND DELIVERED ENTRIES: Entries must be on the attached consolidated entry form. Forms must be filled out completely and printed clearly with swimmers best time. Entries must be postmarked by midnight, Monday, **January 18th, 2016** or hand delivered by 6:30 p.m. Wednesday, **January 20th, 2016.** No late entries will be accepted. Requests for confirmation of receipt of entries should include a self-addressed envelope.

Make check payable to: Quicksilver Swimming

**Mail/Hand Deliver entries to: Nancy Keslin
7483 Phinney Way
San Jose, CA 95139**

CHECK-IN: The meet will be deck seeded. Swimmers must check-in at the Clerk-of-Course. No event shall be closed more than 30 minutes before the scheduled start of the session. Close of check-in for all individual events shall be no more than 60 minutes before the estimated time of the start of the first heat of the event. Swimmers who do not check in will not be seeded and will not be allowed to compete in that event.

SCRATCHES: Any swimmers not reporting for or competing in an individual timed final event that they have checked in for shall not be penalized.

AWARDS: None.

ADMISSION: Free.

SNACK BAR & HOSPITALITY: A snack bar will be available throughout the competition. Coaches and working deck officials will be provided lunch. Hospitality will serve refreshments to timers and volunteers.

MISCELLANEOUS: No overnight parking is allowed. Facilities will not be provided after meet hours.

EVENT SUMMARY

IMR SESSIONS

SATURDAY - Session 1			SUNDAY - Session 3		
10 & UN	11-12	13 & Up	10 & Under	11-12	13 & Up
100 Free	200 Free	200 Free	100 IM	100 IM	200 IM
50 Breast	50 Back	100 Back	50 Fly	50 Fly	100 Fly
	50 Breast	100 Breast	50 Back		

IMX SESSIONS

SATURDAY - Session 2			SUNDAY - Session 4		
10 & UN	11-12	13 & Up	10 & Under	11-12	13 & Up
200 IM	200 IM	200 IM	100 Breast	100 Breast	400 IM
100 Back	100 Fly	200 Back	200 Free	100 Back	200 Breast
100 Fly		500 Free		500 Free	200 Fly

ORDER OF EVENTS

Saturday, January 30th - Session 1 IMR		
EVENT #	EVENT	EVENT #
1	13 & Up 200 Free	2
3	11-12 200 Free	4
5	10 & Under 100 Free	6
7	13 & Up 100 Back	8
9	11-12 50 Back	10
11	10 & Under 50 Breast	12
13	13 & Up 100 Breast	14
15	11 - 12 50 Breast	16

Sunday, January 31st - Session 3 IMR		
EVENT #	EVENT	EVENT #
33	10 & Under 100 IM	34
35	13 & Up 200 IM	36
37	11-12 100 IM	38
39	10 & Under 50 Fly	40
41	13 & Up 100 Fly	42
43	11-12 50 Fly	44
45	10 & Under 50 Back	46

Saturday, January 30th - Session 2 IMX		
EVENT #	EVENT	EVENT #
17	10 & Under 200 IM	18
19	13 & Up 200 IM	20
21	11-12 200 IM	22
23	10 & Under 100 Back	24
25	13 & Up 200 Back	26
27	11-12 100 Fly	28
29	10 & Under 100 Fly	30
31	13 & Up 500 Free *	32

Sunday, January 31st - Session 4 IMX		
EVENT #	EVENT	EVENT #
47	13 & Up 400 IM	48
49	11-12 100 Breast	50
51	10 & Under 100 Breast	52
53	13 & Up 200 Breast	54
55	11-12 100 Back	56
57	10 & Under 200 Free	58
59	13 & Up 200 Fly	60
61	11-12 500 Free *	62

* Swimmers in the 500 Free are required to provide their own timer and lap counter.

USA Swimming IMR and IMX information and Ranking:

<http://www.usaswimming.org/DesktopDefault.aspx?TabId=1720>

Pacific Swimming – Hosted by Quicksilver Swimming IMR/IMX January 30th & 31st, 2016 Consolidated Entry Form													
Name: Last,			First				Middle						
Club Abbr.			UNATT TEAM ABBR				Club Name						
Age			Date of Birth				Sex M F		LSC – (PC, SN)				
USA-#													
Event #	Distance / Stroke					Entry Time			Circle one				
						: .			SCY / LCM				
						: .			SCY / LCM				
						: .			SCY / LCM				
						: .			SCY / LCM				
						: .			SCY / LCM				
						: .			SCY / LCM				
						: .			SCY / LCM				
						: .			SCY / LCM				
						: .			SCY / LCM				
						: .			SCY / LCM				
# of entries _____ x \$4.00 = \$ _____ Participation Fee \$ 8.00 Total \$ _____													
Coach													
Swimmer's Address													
Home Phone							Cell Phone						
Email													