

**QUICKSILVER SWIMMING
PACIFIC SWIMMING SCY COURSE INTRASQUAD MEET
OCTOBER 23-25, 2020**



SANCTION: Held under USA/Pacific Swimming Sanction No. **20-063**

In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.

USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND PACIFIC SWIMMING AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION THEREWITH.

NOTICE: By entering this meet, the Athlete or his/her guardian consents to the publication, via electronic, print or other media, information and/or imagery related to their participation at this meet. Such information and imagery may include, but is not limited to, photographs, video, web casting, television, psych sheets and live meet results. The results of this meet may be posted in real time on the Internet on meet mobile.

USE OF AUDIO AND VISUAL: Photography and video recording from behind the blocks or starting areas is prohibited unless prior permission is granted by the Meet Referee. Use of any audio or visual recording devices, including but not limited to film and digital cameras, cell phones and tablets, and Google Glass is not permitted in changing areas, rest rooms or locker rooms. Violation of this recording prohibition may result in ejection from the swimming pool facility by the Meet Referee or his/her designee.

MEET PERSONNEL:

Meet Referee: Mike Piccardo
Head Starter: Attila Lengyel

Admin Official: Dirk Olsen
Meet Marshals: Friday – Sarah Giarritta
Saturday – Carrie Mox
Sunday – Anne Vargas

Meet Directors: Friday - Liv Weaver, liv@swimgss.org
Saturday - Andre Salles-Cunha andre@swimgss.org
Sunday – Andrew Johnson andrew@swimgss.org

LOCATION: 622 Gaundabert Lane, San Jose, CA 95136

DIRECTIONS: From 85 or 87, exit Santa Teresa Blvd and head west. Turn right onto Thornwood, right onto Chynoweth Ave, right onto Gaundabert lane. The pool is located in the back of the campus. Parking is permitted in the back solar lot.

COURSE: 25 yard outdoor pool with up to 20 lanes available for competition. An additional 6 lanes will be available for warm-up/cool down throughout the competition. The minimum water depth for the shallow end course, measured in accordance with Article 103.2.3, is 7'0" at the start end and 4'6" at the turn end. In accordance with Article 104.2.2C(4) the competition course has been certified. A copy of the certification is on file with USA Swimming.

TIME: Meet sessions are limited to two hours per session with up to 15 minute gap between each group. The next session will not be permitted to enter the facility until the session prior has left the deck and the staff is ready to reset. One athlete shall be permitted per lane for warm-up and warm-down unless they are members of the same household. Meet warm-ups will start at:

Friday Sessions: 2:45pm and 5:30pm
Saturday Sessions: 7:15am, 9:45am, and 12:30pm

Sunday Sessions: 7:15am and 9:45am

- RULES:**
- Current USA and Pacific Swimming rules and warm-up procedures will govern the meet. A copy of these procedures will be posted at the Clerk-of-Course.
 - All applicable adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy (“MAAPP”), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.
 - All events are timed finals.
 - All events will swim fast to slow.
 - Athletes may compete in 3 events during their assigned session.
 - All Athletes ages 12 and under should complete competition within four (4) hours.
 - Entries will be accepted until the number of splashes exceeds the estimated timeline, per the “Four-Hour Rule,” based on the Athletes age and gender, or until the number of entered athletes meets maximum capacity as determined by local health guidelines.
 - If local conditions warrant it the Meet Referee, with the concurrence of the Meet Director, may require a mandatory scratch down. Immediate cash refunds will be made for any mandatory scratches.
 - All Coaches and Officials must wear their USA Swimming membership cards in a visible manner.

UNACCOMPANIED ATHLETES: Any USA Swimming Athlete-Member competing at the meet must be accompanied by a USA Swimming Member-Coach for the purposes of Athlete supervision during warm-up, competition and warm-down. If a Coach-Member of the Athlete’s USA Swimming Club does not attend the meet to serve in said supervisory capacity, it is the responsibility of the Athlete or the Athlete’s legal guardian to arrange for supervision by a USA Swimming Member-Coach. The Meet Director or Meet Referee may assist the Athlete in making arrangements for such supervision; however, it is recommended that such arrangements be made in advance of the meet by the Athlete’s USA Swimming Club Member-Coach.

RACING STARTS: Athletes must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start the race in the water. It is the responsibility of the Athlete or the Athlete’s legal guardian to ensure compliance with this requirement.

- RESTRICTIONS:**
- Smoking and the use of other tobacco products is prohibited on the pool deck, in the locker rooms, in spectator seating, on standing areas and in all areas used by Athletes, during the meet and during warm-up periods.
 - Sale and use of alcoholic beverages is prohibited in all areas of the meet venue.
 - No glass containers are allowed in the meet venue.
 - No propane heater is permitted except for snack bar/meet operations.
 - All shelters must be properly secured.
 - Deck Changes are prohibited.
 - Destructive devices, to include but not limited to, explosive devices and equipment, firearms (open or concealed), blades, knives, mace, stun guns and blunt objects are strictly prohibited in the swimming facility and its surrounding areas. If observed, the Meet Referee or his/her designee may ask that these devices be stored safely away from the public or removed from the facility. Noncompliance may result in the reporting to law enforcement authorities and ejection from the facility. Law enforcement officers (LEO) are exempt per applicable laws.
 - Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, Athlete/Coach areas, Spectator areas and open ceiling locker rooms) any time Athletes, Coaches, Officials and/or Spectators are present.
 - All persons attending the event or entering the facility must have a reserved spot. All persons entering the facility will be required to go through Covid19 checkpoint process. Any patrons with a cough, fever, shortness of breath or exposure to anyone with Covid19 will not be permitted into the facility. Staff and meet personnel may be required to complete further protocols including a temperature check as required by Santa Clara County.
 - Attendees will have access to the roundhouse bathrooms for emergency use only. Locker rooms and all other facilities will remain closed.
 - Set-up on deck will not be permitted. Each athlete will be pre-assigned a warm-down lane and designated bag drop area to use throughout the session.

ELIGIBILITY: • Athletes must be current members of USA Swimming and enter their name and registration number on the meet entry card as they are shown on their Registration Card. If this is not done, it may be difficult to match the Athlete with the registration and times database. The meet host will check all Athlete registrations against the SWIMS database and if not found to be registered, the Meet Director shall accept the registration at the meet (a \$10 surcharge will be added to the regular registration fee). Duplicate registrations will be refunded by mail.

- Meet is open only to qualified athletes registered with QSS. Athletes who are unattached but participating with QSS are eligible to compete.
- Entries with "NO TIME" will be accepted.
- Disabled Athletes are welcome to attend this meet and should contact the Meet Director or Meet Referee regarding any special accommodations on entry times and seeding per Pacific Swimming policy.
- Athletes 19 years of age and over may compete in the meet for time only, no awards. Such Athletes must have met standards for the 17-18 age group.
- The Athlete's age will be the age of the Athlete on the first day of the meet.
- Athletes must be members of QSS and are only permitted to enter the meet if their practice cohort is participating. No changing sessions is permitted.

ENTRY FEES: \$30 flat fee per athlete. All meet entry fees will be charged to your QSS account. No refunds will be made, except mandatory scratch downs.

TEAMUNIFY ENTRIES: Any entries submitted via QuickSilver's TeamUnify website must first be both committed and approved by Saturday, October 17. Entries that are not committed and approved in TeamUnify are incomplete and shall not be accepted after a session closes.

CHECK-IN: The meet shall be pre-seeded.

SCRATCHES: Any Athletes not reporting for or competing in an individual timed final event that they have entered shall not be penalized.

AWARDS: None.

ADMISSION: Free.

FRIDAY'S EVENT SUMMARY

Girls	Friday 10/23 JN & PS3 & SR Cohorts 3:00- 5:15pm	Boys
1	200 IM	2
3	100 Back	4
5	100 Free	6
7	100 Fly	8
9	200 Free	10
11	100 Breast	12
13	50 Free	14

Girls	Friday 10/23 Grey & PN Cohorts 5:30- 7:30pm	Boys
15	100 Free	16
17	50 Back	18
19	50 Fly	20
21	100 IM	22
23	100 Breast	24
25	50 Free	26
27	100 Back	28
29	100 Fly	30
31	50 Breast	32

SATURDAY'S EVENT SUMMARY

Girls	Saturday, 10/24 Turquoise Cohorts 7:30- 9:30am	Boys
33	100 Free	34
35	50 Back	36
37	50 Fly	38
39	100 IM	40
41	50 Breast	42
43	50 Free	44

Girls	Saturday 10/24 National Cohorts 9:45- 11:45am	Boys
45	200 IM	46
47	100 Back	48
49	100 Free	50
51	100 Fly	52
53	200 Free	54
55	100 Breast	56
57	50 Free	58

Girls	Saturday 10/24 Santa Cruz Site 12:30- 2:30pm	Boys
59	200 IM	60
61	100 Back	62
63	100 Free	64
65	50 Breast	66
67	100 Fly	68
69	200 Free	70
71	50 Back	72
73	50 Free	74
75	100 Breast	76

SUNDAY'S EVENT SUMMARY

Girls	Sunday, 10/25 PS & SD Cohorts 7:30- 9:30am	Boys
77	200 IM	78
79	100 Back	80
81	100 Free	82
83	100 Fly	84
85	200 Free	86
87	100 Breast	88
89	50 Free	90

Girls	Sunday, 10/25 Gold & Gold E Cohorts 9:45- 11:45am	Boys
91	100 Free	92
93	50 Back	94
95	50 Fly	96
97	100 IM	98
99	50 Breast	100
101	50 Free	102