

**SANTA CLARA SWIM CLUB
SUPERLEAGUE SUMMER LC FINALS
PACIFIC SWIMMING T/F LONG COURSE INVITATIONAL
JULY 14-16, 2023**



INVITED CLUBS: PC-SCSC, PC-PASA, PC-PLS, PC-NBA, PC-SRN, SN-DART, SN-SMST, CC-CLOV, PC-ALTO

SANCTION: Held under USA/Pacific Swimming Sanction No. **23-089**

TIME TRIALS SANCTION: Held under USA/Pacific Swimming Sanction No. **23-090**

In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.

USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND PACIFIC SWIMMING AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION THEREWITH.

NOTICE: By entering this meet, the athlete or his/her guardian consents to the publication, via electronic, print or other media, information and/or imagery related to their participation at this meet. Such information and imagery may include, but is not limited to, photographs, video, web casting, television, psych sheets and live meet results. The results of this meet shall be posted on Meet Mobile.

USE OF AUDIO AND VISUAL: Photography and video recording from behind the blocks or starting areas is prohibited unless prior permission is granted by the Meet Referee. Use of any audio or visual recording devices, including but not limited to film and digital cameras, cell phones and tablets, and Google Glass is not permitted in changing areas, rest rooms or locker rooms. Violation of this recording prohibition may result in ejection from the swimming pool facility by the Meet Referee or his/her designee.

MEET PERSONNEL: **Meet Referee:** Manus J-Cheng **Admin Official:** Curtiss Kikuta
Head Starter: Evan Bigall **Meet Marshal:** Veronica Ospina
Meet Director: Juile Corrigan; jcorrigan@santaclaraswimclub.org

LOCATION: College of Marin, Indian Valley Campus, Miwok Aquatic & Fitness Center. 1800 Ignacio BLVD, Novato, CA 94949

COURSE: 50 METER pool with up to 8 lanes available for competition. An additional 6 lanes will be available for warm-up/cool down throughout the competition. The minimum water depth for course, measured in accordance with Article 103.2.3 is 7'6" at the start end and 7'6" at the turn end. The competition course has not been certified in accordance with Article 104.2.2C(\$).

TIME: The Timed Finals Session on Friday will start at 5:00pm with warm-ups starting at 4:00pm. On Saturday and Sunday, preliminaries will begin at 9:00AM each day with warm-up from 7:30-8:45AM each day; finals will begin at 4:00PM each day, with warm-up from 3:00-3:45PM

RULES:

- Current USA and Pacific Swimming rules and warm-up procedures shall govern the meet. A copy of these procedures shall be posted at the Clerk-of-Course.
- The local facilities guidelines, restrictions and interpretation of the local public health guidelines shall be followed at this meet.
- All adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with MAAPP is a

condition of participation in the conduct of this competition.

- All events except the 1500 Free and 400 IM are preliminaries/finals.
- The 1500 Free & 400 IM will be timed finals and will be swum fast to slow, alternating heats of women and men. Athletes will need to provide timers and lap counters. Athletes may request to get an official 800 time during the 1500.
- Positive check-in is required for the 1500 by 4:30 PM on Friday. The 1500 will be seeded following the positive check-in.
- During preliminaries, all events will swim fast to slow.
- During finals, all events will swim fast to slow (A Final, B Final, C Final, D Final, E Final).
- Athletes may compete in a maximum of three (3) events per day (including time trials).
- Relays
 - The 200 Medley and 200 Free Relays: each club is allowed to enter two (2) relay teams per event; these relays will be conducted at the beginning of finals on the days they are to be swum.
- Time trials may be offered at the discretion of the meet director and meet referee at the end of finals each day. Consideration for time trials will be given for Athletes with a reasonable chance to qualify for an upcoming event.
- All Coaches and Officials shall wear their USA Swimming membership cards in a visible manner.
- Lifeguards will be present on deck and AED is available onsite. First aid is available to all participants.

UNACCOMPANIED ATHLETES: Any USA Swimming Athlete-Member competing at the meet shall be accompanied by a USA Swimming Member-Coach for the purposes of Athlete supervision during warm-up, competition and warm-down. If a Coach-Member of the Athlete's USA Swimming Club does not attend the meet to serve in said supervisory capacity, it is the responsibility of the Athlete or the Athlete's legal guardian to arrange for supervision by a USA Swimming Member-Coach. The Meet Director or Meet Referee may assist the Athlete in making arrangements for such supervision; however, it is recommended that such arrangements be made in advance of the meet by the Athlete's USA Swimming Club Member-Coach.

RACING STARTS: Athletes shall be certified by a USA Swimming member-coach as being proficient in performing a racing start, or will start the race in the water. It is the responsibility of the Athlete or the Athlete's legal guardian to ensure compliance with this requirement.

RESTRICTIONS:

- Smoking and the use of other tobacco products is prohibited on the pool deck, in the locker rooms, in spectator seating, on standing areas and in all areas used by Athletes, during the meet and during warm-up periods.
- Sale and use of alcoholic beverages is prohibited in all areas of the meet venue.
- No glass containers are allowed in the meet venue.
- Only Athletes, Coaches, Officials, and Volunteers shall be allowed on the pool deck.
- Deck Changes are prohibited.
- Destructive devices, to include but not limited to, explosive devices and equipment, firearms (open or concealed), blades, knives, mace, stun guns and blunt objects are strictly prohibited in the swimming facility and its surrounding areas. If observed, the Meet Referee or his/her designee may ask that these devices be stored safely away from the public or removed from the facility. Noncompliance may result in the reporting to law enforcement authorities and ejection from the facility. Law enforcement officers (LEO) are exempt per applicable laws.
- Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, Athlete/Coach areas, Spectator areas and open ceiling locker rooms) any time Athletes, Coaches, Officials and/or Spectators are present.
- **All Coaches and Officials must wear their USA Swimming membership cards in a visible manner.**

ELIGIBILITY:

- Athletes shall be current members of USA Swimming and a member of, or training with, the following teams: PC-SCSC, PC-PASA, PC-PLS, PC-NBA, PC-SRN, SN-DART, SN-SMST, CC-CLOV, PC-ALTO. The meet host will check all athlete registrations against the SWIMS database and if not found to be registered, the Meet Director will accept the registration at the meet (a \$10 surcharge shall be added to the regular registration fee). Duplicate registrations will be refunded by mail.
- Athletes with a disability are welcome to attend this meet and should contact the Meet Director or Meet Referee regarding special accommodations.
- No time conversions will be accepted.
- Entries with "NO TIME" will be rejected.
- The Athlete's age will be the age of the Athlete on the first day of the meet.

SEEDING: Event seeding shall be in the following order: conforming long course meters, non-conforming short course meters, and non-conforming short course yards - USA Swimming rules 207.11.7B.

CHECK-IN: The meet will be pre-seeded.

SCRATCHES: There is no penalty for missing a pre-seeded preliminaries event. Failure to swim a timed final event that required check-in will result in that athlete being barred from their next individual event.

An Athlete qualifying for FINALS (E Final, D Final, C Final, B Final, A Final) may notify the Administrative Referee within thirty (30) minutes after announcement of the qualifiers for that race that they may not intend to compete and further declares their final intentions within thirty (30) minutes following their last individual preliminary event. An Athlete qualifying for FINALS who fails to compete will be barred from the remainder of the competition, unless excused by the Meet Referee.

ENTRY FEES: \$70.00 per athlete.

TEAM ENTRIES: Entries must be submitted using Hy-Tek (or compatible) entry file. An entry file will be posted on the SCSC website. Entries are due no later than Thursday, July 7, 2023, 9:00 PM. Payment for entries is due prior to meet start (July 14, 2023).

Email the entry file to: kzacher@santaclaraswimclub.org

Make check payable to: Santa Clara Swim Club
2625 Patricia Dr
Santa Clara, CA 95051

AWARDS: None.

ADMISSION: Free. A meet program will be available for coaches and officials and will be posted at the pool.

HOSPITALITY: Hospitality available for Coaches and Officials.

ORDER OF EVENTS

| SESSION 2—SATURDAY, 7/15—TRIALS | | | SESSION 4—SUNDAY, 7/16—TRIALS | | |
|---------------------------------|------------|---------|-------------------------------|------------|---------|
| Event # | EVENT | Event # | Event # | EVENT | Event # |
| 7 | 200 IM | 8 | 21 | 400 Free | 22 |
| 9 | 100 Fly | 10 | 23 | 200 Back | 24 |
| 11 | 200 Free | 12 | 25 | 100 Free | 26 |
| 13 | 100 Breast | 14 | 27 | 200 Breast | 28 |
| 15 | 100 Back | 16 | 29 | 200 Fly | 30 |
| 17 | 50 Free | 18 | | | |

| SESSION 1—FRIDAY, 7/14—TIMED FINALS | | |
|-------------------------------------|-------------|---------|
| Event # | EVENT | Event # |
| 1 | 400 IM* | 2 |
| 3 | 1500 Free** | 4 |

| SESSION 3—SATURDAY, 7/15—FINALS | | |
|---------------------------------|--------------|---------|
| Event # | EVENT | Event # |
| 5 | 200 Med-R*** | 6 |
| 7 | 200 IM | 8 |
| 9 | 100 Fly | 10 |
| 11 | 200 Free | 12 |
| 13 | 100 Breast | 14 |
| 15 | 100 Back | 16 |
| 17 | 50 Free | 18 |

| SESSION 5—SUNDAY, 7/16—FINALS | | |
|-------------------------------|-------------|---------|
| Event # | EVENT | Event # |
| 19 | 200 FR-R*** | 20 |
| 21 | 400 Free | 22 |
| 23 | 200 Back | 24 |
| 25 | 100 Free | 26 |
| 27 | 200 Breast | 28 |
| 29 | 200 Fly | 30 |

*The 400 IM will be a timed final event swum fastest to slowest, alternating heats of women and men.

**The 1500 Free will be swum fastest to slowest alternating heats of women and men; there will be a 10 minute break before the start of these events; swimmers in these events will need to provide their own timers and lap counters.

***The 200 Medley Relays and 200 Free Relays are timed finals and will be swum at the beginning of finals on their respective days. The relays will be seeded fast to slow. Relay entries will be due at the end of the prelims sessions on the days they are to be swum.